

Energy painting

by Anna Woźniak

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I am Anna, a mother, wife, and creator. For more than 30 years, I have been painting and creating. On the spiral of life, I experience ups and downs, which are reflected in my art and yoga practice. I paint images where humans, trees, and unseen energy intertwine into multifaceted beauty.

My art is an exploration of those subtle forces that are invisible to the eye but permeate our lives and the world around us. The trees I paint symbolize growth, rootedness, and an ongoing connection with nature, while the human figures on my canvases radiate inner energy and spiritual power.

As a yoga teacher, I also combine my artistic sensitivity with a deep understanding of the body and its energy. In both my practice and my art, the body is a temple, and life energy is an invisible yet palpable force that shapes our experiences.

I create from the heart, drawing inspiration from nature, meditation, and spiritual reflection. My paintings are an invitation to contemplation, to pause for a moment, and to discover the invisible aspects of reality that often escape our attention.



Project of „eLeven Lake - prelude" , acrylic on paper, 2020
see more:
https://annawozniak.com/anna-wozniak-art/history-of-one-picture-eleven_lake/



available from 1100 Euro

100x70 cm, acrylic on canvas, 2021



available from 1800 Euro



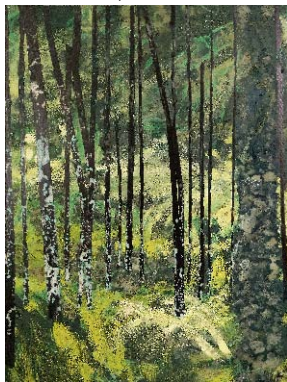
75x115 cm, acrylic on canvas, 2021

80x100 cm, acrylic on canvas, 2020



Private collection of „Birch Forrest" *since 2020*

available from 1800 Euro



Collection of „Forrest, man and time”

<https://annawozniak.com/anna-wozniak-art/forrest-man-and-time/>

available from 2100 Euro

The title of the series „Forest - Man - Time” suggests a deep connection between nature, human existence, and the passage of time. Each painting has a strong texture, giving them a physical presence, which enhances the sense of

depth and the illusion of a forest. A common feature of all the works is the striking, dark vertical lines of tree trunks, creating strong, dynamic compositions.



Fencers' fights
annawozniak.com/fencers

available from 2500 Euro



Slipping daughter, 130x100cm, acrylic on wood, 2021

See more on website:

annawozniak.com

In order to buy paintings, please contact:
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